

Here are the two patterns in the keys of A and D:

“Spread” Rhythm 1, using the root movement pattern from *Set 1* of the moveable I, IV, V chords
(Key of A).

The image displays four musical examples of the "Spread" Rhythm 1 in the key of A. Each example consists of a treble clef staff with a 4/4 time signature, a guitar TAB staff, and chord labels above the notes. The notes are primarily eighth notes, often beamed in pairs.

- Example 1:** Treble clef staff shows notes A, C#, E, A, C#, E, A, C#, E, A, C#, E, A, C#, E, A, C#, E. Chord labels: I A5, A6 A5, A6 A5, IV D5, D6 D5, D6 D5, I A5, A6 A5, A6 A5.
- Example 2:** Treble clef staff shows notes A, C#, E, A, C#, E, A, C#, E, A, C#, E, A, C#, E, A, C#, E. Chord labels: A6 A5, A6 A5, IV D5, D6 D5, D6 D5, D6 D5, D6 D5.
- Example 3:** Treble clef staff shows notes A, C#, E, A, C#, E, A, C#, E, A, C#, E, A, C#, E, A, C#, E. Chord labels: I A5, A6 A5, A6 A5, A6 A5, A6 A5, V E5, E6 E5, E6 E5.
- Example 4:** Treble clef staff shows notes A, C#, E, A, C#, E, A, C#, E, A, C#, E, A, C#, E, A, C#, E. Chord labels: IV D5, D6 D5, D6 D5, I A5, A6 A5, A6 A5, V E5, E6 E5, E6 E5.

The guitar TAB staff for each example shows the fret numbers for the strings. The strings are numbered 1 to 6 from top to bottom. The TAB for Example 1 is: 7 5 7 5 9 5 7 5 7 5 9 5 7 5 7 5 9 5 7 5. The TAB for Example 2 is: 7 5 7 5 9 5 7 5 7 5 9 5 7 5 7 5 9 5 7 5. The TAB for Example 3 is: 7 5 7 5 9 5 7 5 7 5 9 5 7 5 9 7 11 9 7 9 7 11 9 7 9. The TAB for Example 4 is: 7 5 7 5 9 5 7 5 7 5 9 5 7 5 9 7 11 9 7 9 7 11 9 7 9.

Listen to the rhythm track of Study 3, “True Blue,” to hear an example using the root movement pattern of Set 1 in the key of A.