

### 3 Action Synchronization I

Developing solid 2-Hand Synchronization is mission critical to developing guitar speed, playing accurately, playing cleanly, playing consistently and being able to perform well. Without it, one can't do any of those things well.

2-hand synchronization begins with the synchronization of 2 ACTIONS:

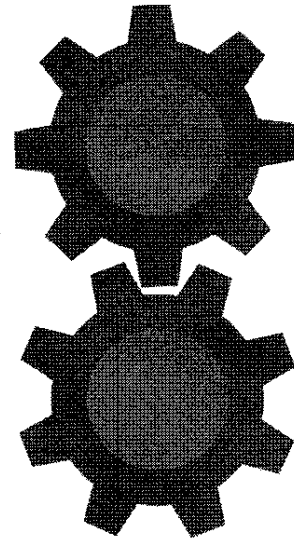
**Action 1:** Picking a note.

**Action 2:** Fretting a note.

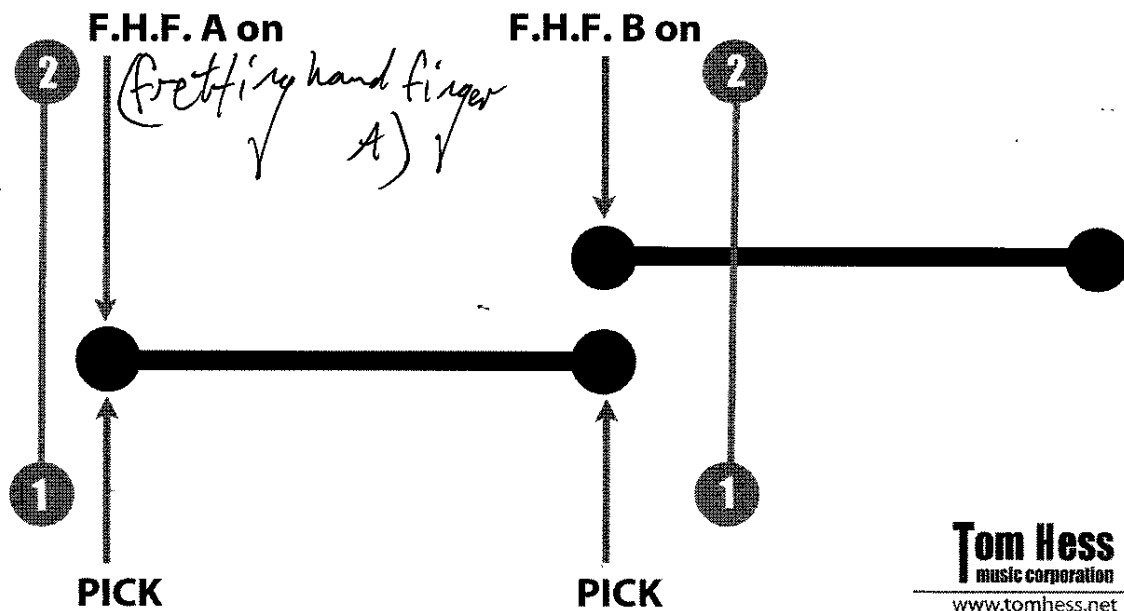
(Picking the note ... and fretting it ... needs to happen at EXACTLY the SAME time).

If the pick reaches the string too early, your hands are out of sync. And it's always possible to hear that.

If your fretting hand finger frets the note too early, your hands are again out of sync ... but this error can be harder (but still possible) to hear for many players.



#### THE ANATOMY OF A PERFECT NOTE



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