

Economy Picking Full Scale Turnarounds

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Standard tuning

$\text{♩} = 120$

regular scale practice -- top: 4, bottom: 4

8x

el. guit.

TAB: 3-3-3-3 | 3-5-7 | 4-5-7 | 5-6-8 | 8-6-5 | 7-5-4 | 7-5-3 | 7-5-3 | 7-5-3-7 | 3-3-3-3

regular scale, descending - top 3, bottom 4, top 1

8x

top: 6 then 2; bottom: 2 then 2

TAB: 8-7-5 | 8-6-5 | 7-5-4 | 7-5-3 | 7-5-3 | 7-5-3 | 5-3-7 | 3-5-7 | 3-5-7 | 4-5-7 | 5-6-8 | 3-3-3-3 | 3-5-7 | 7-5 | 3-5-7 | 4-5 | 7-5 | 4-5

8x

TAB: 5-6 | 7-5 | 5-6-8 | 8-6 | 5-7 | 8-6-5 | 7-5 | 5-6 | 7-5-4 | 7-5 | 4-5 | 7-5-3 | 3-5 | 7-5-3 | 7-5 | 3-5 | 7-5 | 3-3-3-3

top: 2 then 2; bottom: 6 then 2

8x

TAB: 3-5 | 7-5 | 3-5-7 | 4-5 | 7-5 | 4-5 | 7-5 | 5-6 | 7-5 | 5-6-8 | 8-6 | 5-7 | 8-6 | 5-7 | 7-5 | 5-6 | 7-5-4 | 4-5 | 7-5-3 | 7-5 | 3-5 | 7-5-3 | 7-5 | 3-5 | 7-6-5 | 3-5 | 7-5

top: 2 then 6 then 2; bottom: 2

TAB: 3-3-3-3 | 3-5-7 | 3-5 | 7-5 | 3-5-7 | 4-5 | 7-5 | 4-5 | 7-5 | 5-6 | 7-5 | 5-6-8 | 8-6 | 5-7 | 8-6 | 5-7 | 7-5 | 8-6 | 5-7 | 8-6-5 | 5-6 | 7-5 | 7-5-4

8x

top: 2; bottom: 6 then 2 then 2

TAB: 7-5 | 4-5 | 7-5-3 | 7-5 | 3-5 | 7-5-3 | 7-5 | 3-3-3-3 | 3-5-7 | 3-5 | 7-5 | 3-5-7 | 4-5 | 7-5 | 4-5 | 7-5 | 5-6 | 7-5 | 5-6-8 | 8-6-5 | 7-5 | 5

25 26 27 28 **8x** 15 beat cycle - top: 2; bottom 6 then 2

TAB: 6 7-5-4 7-5 4-5 7-5-3 7-5 3-5 7 | 5-3 7-6-5-3-5-7 3-5 7-5 3-5 7-5 | 3-3-3-3 | 3-5-7 3-5 7-5 3-5-7 4-5 7-5 4-5

29 30 31 32 **8x**

TAB: 7-5-6 7-5 5-6-8 5-7 8-6-5 5 | 6 7-5-4 7-5 4-5 7-5-3 3-5 7 | 5-3 7-6-5-3-5-7 3-5 7-5 | 3-3-3-3

33 34 35 36 **8x** 15 beat cycle - top: 2 then 6; bottom: 2

TAB: 3-5-7 3-5 7-5 3-5-7 4-5 4-5 | 7-5-6 7-5 5-6-8 8-6 6-7-8 7-5 | 8-6-5 5-6 7-5-4 4-5 | 7-5-3 7-5 3-5 7-5-3 7-5

37 38 39 40 14 beat cycle - top: 2; bottom 6

TAB: 3-3-3-3 | 3-5-7 3-5 7-5 3-5-7 4-5 7-5 4-5 | 7-5-6 7-5 5-6-8 8-6-5 7-5 5 | 6 7-5-4 7-5 4-5 7-5-3 7-5 3-5 7

41 42 43 44 **8x** 14 beat cycle - top: 6; bottom 2

TAB: 5-3 7-6-5-3-5-7 | 3-3-3-3 | 3-5-7 3-5 7-5 4-5 7-5 4-5 | 7-5-6 7-5 5-6-8 5-6-7-8-7-5 8-6

45 46 **8x**

TAB: 5-7-5 5-6 7-5-4 7-5 4-5 7-5-3 7 | 3-5 5 7-5-3 7-5