

Directional Picking Exercises

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Standard tuning

♩ = 120

exercise a - the notes that follow the ones on 4th string require alternate picking

exercise a - reversed

el.guit.

1 2 3 4

T A B

3 5 7 3 7 5 3 5 7 5 7 5

3 5 7 3 7 5 3 5 7 5 7 5

7 5 3 7 3 5 7 5 3 3 5

exercise b - bar 1 note 6 requires alternate picking

5 6 7 8

T A B

7 5 3 7 3 5 7 5 3 5 3 5

3 5 7 3 5 4 5 7 5

exercise c - first note of bars 2 & 3 require alternate picking

9 10 11 12

T A B

8 7 5 8 6 5 7 8

8 6 8 6 5 7 5 7 5 8 6 5 7 5

exercise d - bar 1 note 5, bar 2 note 4, & bar 4 notes 1, 2, 3, 8 all require alternate picking

13 14 15 16

T A B

5 6 8 5 8 5 6 8

5 7 5 8 5 6 8 5 7 8 5 8 6 5 6 8

exercise e - bar 1 note 6 and bar 2 note 5 require alternate picking

17 18 19 20

T A B

5 6 8 7 8 7 5 8

7 4 7 3 5 4 5 7 4 7 3 5 4 5 7

exercise f - bar 1 notes 6 & 8 require alternate picking

The image shows a musical score for exercise f. The top staff is a treble clef staff with a key signature of one sharp (F#) and a 2/4 time signature. It contains two measures of music. The first measure starts with a double bar line and a repeat sign, followed by notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter). The second measure starts with a double bar line and a repeat sign, followed by notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter). Above the first measure is the number 21, and above the second measure is the number 22. The bottom staff is a guitar tablature staff with six lines. The top line is labeled 'T' (Treble), the middle line 'A' (Acoustic), and the bottom line 'B' (Bass). The first measure contains fret numbers: 7-5-4-7-3-7-3-7. The second measure contains fret numbers: 5-3-5-7-3-5.