How to Use the Rhythm Map

1. Start with a 1-bar rhythm you're already very comfortable with

2. Remove one attack from that rhythm

3. Add an attack elsewhere in the bar

4. Keep a "rhythm log" of your favorite rhythms in your music notebook

5. Combine two 1-bar rhythms together to make a 2-bar rhythm

6. Reverse the order of the bars in the previous step for a new rhythm

7. Apply rhythms generated for comping, soloing, or composition

Advanced players:

- Remove 2 or more attacks from starting rhythm

- Add to or more attacks elsewhere in the bar(s)

- Add accents to certain beats

- Use anticipation and delay by focusing, for example, on the "and" of 4 or the "and" of 1 in 8th notes; or the "a" of 4 and the "e" of 1 in 16th notes

- Retrograde the rhythm (play it backwards), ex: 1 2 3& 4& becomes 1& 2& 3 4

- Use the Rhythm Generator (to be given in another lesson)