

Dear Student,

Hope you are having a wonderful holiday season.

This time of year can be very busy, but it also can have periods of relaxation in which it's a good time to reflect on what you want out of the year to come.

The attached session is very powerful. There are two parts:

1. A series of mp3s by me in helping you see the big picture and realizing your full potential for the upcoming year.
2. A long-term goals and planning session by my teaching mentor, Tom Hess.

As a result of listening to the audio and doing the worksheet, you will be able to progress much faster and more efficiently toward your musical goals next year and beyond. As the saying goes "you can't hit a target you can't see."

Lately I've been reading Brian Tracy, and here are some excerpts from his book "The Power of Focus:"

- "A person with a clear purpose will make progress even on the toughest road. A person with no purpose will make no progress on the smoothest road."
- The most valuable work you can do is thinking. It has high consequences because it determines the quality of your decisions, which determine the quality of your actions, which determine the quality of your results.
- Potential consequences of an action should determine how you manage your time.
- Increase the probability that you will hit your target by a) having clarity and b) learning and growing in your field of interest

If you are interested in hearing more from Brian Tracy, I can send you some mp3s I made of some chapters from some of his books which I think are very powerful. Just let me know and they'll be yours.

But for now, listen to Tom Hess, fill in the sheet and bring it next week, and we'll see you soon! :)

Best,

Dennis