

Barre Chord Exercises – Instructions

- Play each exercise in 2 positions, one with first chord as an “E” shape and one with first chord as an “A” shape
- Keep the roots of each chord as near to each other as possible, using both 5th and 6th string root notes; it’s a good idea to play only root notes to map them out first before playing the progression
- Try to use different chord shapes for every chord when you play the progression again in a different position. For example, first time | F#m | B | can both be played at 2nd fret, using “E” and “A” shapes respectively. Second time use 9th fret “A” shape and 7th fret “E” shape, respectively. Open chords may be used when other choices are inconvenient
- Occasionally there will be times on the 2nd time around (i.e. in the new position) where using a different shape will be inconvenient. For example, if you played Bbm at fret 6 “E” shape, it may not be convenient on the 2nd pass to play at fret 13 “A” shape, especially on an acoustic guitar, so allow yourself to repeat that particular shape the 2nd time around (even though the rest of the chords will be using different shapes)
- Repeat each progression several times, in time, before ending on last chord

Barre Chord Exercises

- 1 ||: Fm | Db | Ab | Bbm C7 :|| end on Fm
- 2 ||: B | F# | G#m | E :|| end on B
- 3 ||: Eb Gm | Ab Bb | Eb Gm | Cm Fm :|| end on Eb
- 4 ||: Bb | C | Dm | G | Bb | C | Dm | % :|| end on Dm
- 5 ||: Bbm | Ab | Gb | F7 :|| end on Bbm
- 6 ||: Ab7 | B | Db7 | Eb7 :|| end on Ab7
- 7 ||: Db | F7 | Bbm | % | Ebm | Ab7 | Db | % :|| end on Db
- 8 ||: G | C#m | C | Am D7 :|| end on G